**Kit List**

**Clothing**

* Waterproof jacket
* Fleece or jumpers
* T-shirts
* Underwear & socks
* Comfy trousers (not jeans)
* 2 pairs of trainers or hiking boots
* Indoor shoes or slippers
* Pyjamas
* Hat and gloves

**Other**

* Sun cream
* Insect repellent
* Reusable water bottle
* Prescribed medication
* Money for souvenirs & vending machine
* Small backpack
* Padlock (for bedroom lockers, optional)

**Toiletries**

* Shampoo
* Soap
* Hairbrush
* Toothbrush & paste
* Towel

If you are participating in the following activities, please also bring:

**Canoeing or Raft Building**

* A pair of trainers or water shoes (that can get wet)
* Spare towel
* Change of clothes for after activity
* Plastic bag/bin liner for wet clothes
* Swimwear

**Caving**

* Wellies or Hiking (not trainers)
* Thick socks